

DAYTON ART INSTITUTE DREAM GARDEN INSTRUCTIONS

1. Imagine your dream and write it on the seed paper.
2. Prepare your dream garden space. We recommend a medium-sized pot filled with potting soil to start.
3. Gently bury the seed paper in the prepared soil. It's important not to bury your seed paper too deep; around 1/8 of an inch is best.
4. Find a location where your plant will receive plenty of sunlight. Water the soil a little bit each day to keep the soil damp. Be careful not to flood or overwater.
5. Sprouts may take two weeks to a month before they appear.
6. Enjoy growing your garden and dreams together.

Some extra things to consider:

The best time to plant your dream will be towards the start of spring.

The seeds in this paper are a mixture of smaller, colorful wildflowers. Like dreams, themselves, everyone's dream garden will be different.